



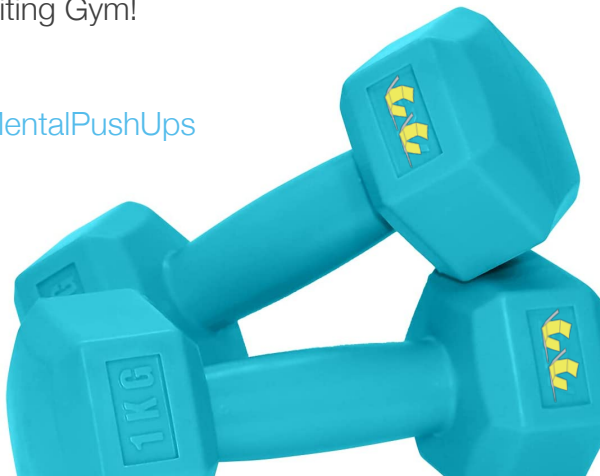
UnMaking Boxes

Writing Gym

Do you have something important to write, but not sure where to start, or need help organizing all those great ideas you have?

Book a slot with [Veronica Louis here](#), for a Zoom meet, where she will gladly help you [strengthen and exercise your writing muscles](#) in her fun virtual Writing Gym!

[#MentalPushUps](#)





UnMaking Boxes

Booking a Workout Slot

- ❑ Please **book at least 24 hours** in advance.
- ❑ Depending on the need/project, a workout session could be as short as **10 minutes**—#NeedASpark or **over 30 minutes**—#DeepDive.
- ❑ While **one-on-one** attention is more advantageous, **small groups of 2–3** training at the same time is also possible (#GroupProject).
- ❑ Rate €40/half-hour (invoiced after).
- ❑ Feel free to reach out to Veronica, connect@unmakingboxes.com with any questions!

Stay curious, and meet you at the gym!

